

# Breastfeeding Advocacy Dishcloth

Designed by Elizabeth Grant  
[www.suzyqhomemaker.com](http://www.suzyqhomemaker.com)



With US #6 or 7 needles, cast on 37 Stitches.

Rows 1-3: (K1, P1) to end of row

Row 4: K1, P1, K1, P to last three stitches, K1, P1, K1

Row 5: K1, P1, K to last two stitches, P1, K1

Row 6: Same as Row 4

Row 7: K1, P1, K17, P7, K to last two stitches, P1, K1

Row 8 (and all even rows to follow): K1, P1, K1, P to last three stitches, K1, P1, K1

Row 9: K1, P1, K16, P11, K to last two stitches, P1, K1

Row 11: K1, P1, K10, P5, K1, P12, K to last two stitches, P1, K1

Row 13: K1, P1, K8, P7, K2, P12, K to last two stitches, P1, K1

Row 15: K1, P1, K7, P8, K7, P7, K to last two stitches, P1, K1

Row 17: K1, P1, K6, P8, K7, P8, K to last two stitches, P1, K1

Row 19: K1, P1, K5, P7, K4, P2, K4, P8, K to last two stitches, P1, K1

Row 21: K1, P1, K5, P6, K6, P2, K4, P6, K to last two stitches, P1, K1

Row 23: K1, P1, K5, P5, K8, P2, K3, P6, K to last two stitches, P1, K1

Row 25: K1, P1, K6, P4, K8, P10, K to last two stitches, P1, K1

Row 27: K1, P1, K7, P4, K6, P11, K to last two stitches, P1, K1

Row 29: K1, P1, K8, P4, K4, P11, K to last two stitches, P1, K1

Row 31: K1, P1, K9, P17, K to last two stitches, P1, K1

Row 33: K1, P1, K10, P15, K to last two stitches, P1, K1

Row 35: K1, P1, K11, P13, K to last two stitches, P1, K1

Row 37: K1, P1, K to last two stitches, P1, K1

Row 39: K1, P1, K14, P7, K to last two stitches, P1, K1

Row 41: K1, P1, K13, P9, K to last two stitches, P1, K1

Row 43: K1, P1, K12, P11, K to last two stitches, P1, K1

Rows 45, 47, 49: Same as Row 43

Row 51: Same as Row 41

Row 53: Same as Row 39

Row 55: K1, P1, K to last two stitches, P1, K1

Row 56: K1, P1, K1, P to last three stitches, K1, P1, K1

Row 57: Same as Row 55

Rows 58-60: (K1, P1) to end of row

BO & weave in ends